

## **BRIDGEND COUNTY BOROUGH COUNCIL**

### **REPORT TO THE ADULT SOCIAL CARE OVERVIEW AND SCRUTINY COMMITTEE**

**15 NOVEMBER 2016**

### **REPORT OF THE CORPORATE DIRECTOR SOCIAL SERVICES AND WELLBEING**

### **REPORT ON DAY OPPORTUNITIES FOR ADULTS WITH LEARNING DISABILITIES**

#### **1. Purpose of Report**

- 1.1 To provide the Committee with an update on developments in day services for adults with a learning disability.

#### **2. Connection to Corporate Improvement Plan / Other Corporate Priority.**

- 2.1 This reports links to the following improvement priorities in the Corporate Plan:-
- Smarter use of resources;
  - Helping people to be more reliant.

It is in accordance with the following:-

- Adult Social Care Commissioning Plan 2010-20: Living independently in Bridgend in the 21<sup>st</sup> century;
- Adult Social Care Learning Disability commissioning Plan 2014-17;
- The Remodelling Adult Social Care Programme;
- The Council's Medium Term Financial Strategy (MTFS).

#### **3. Background.**

- 3.1 The Learning Disability Service Development plan is part of the Adult Social Care Remodelling Programme and has been in operation since 2012. The Plan is also part of the Medium Term Financial Strategy (MTFS) and represents a whole system approach to the development of learning disability services.
- 3.2 Reports on the progress in the Learning Disability service development plan have been presented to the Adult Social Care Overview and Scrutiny Committee in November 2015 and in September 2014 under the Committees former title of Health and Wellbeing Overview and Scrutiny Committee.
- 3.3 The Learning Disability Service development plan contains workstreams focussed on the development of day opportunities in line with the whole system approach to the remodelling of learning disability services. The developments are taking place in the localised day services and Bridgend Resource Centre (see 3.6 below).
- 3.4 As well as being part of the Adult Social Care remodelling programme, this is incorporated into the development of prevention and wellbeing services as part of the implementation of the Social Services and Wellbeing (Wales) Act 2014.

- 3.5 Day opportunities for people with a learning disability are delivered on a strong value base of developing independence, skills and the community presence of the people who use the services. This value base drives the day-to-day service delivery and the direction of service developments.
- 3.6 The service is run from six buildings which are seen as a platform for the development of individual skills and activities in the community.

The buildings include:-

- Bridgend Resource Centre
- Heron House Autism Service

And localised service bases at

- Cwm Calon in Maesteg
- Ty Penybont in Bridgend
- Sarn Adult Support Centre
- Pyle Localised Service at Pyle Life Service

- 3.7 There is a fleet of seven specially adapted vehicles and a minibus which the service uses to transport people to and fro from the service bases and to activities in the community. People are encouraged to use public transport or their own transport where appropriate.
- 3.8 There is a staff and management structure across the service which is designed to support people who use the services as individuals or in groups. The staff to service user ratio is based on a format which has been developed overtime and is designed to ensure that all people who use the service are safe and supported appropriately.
- 3.9 There are day services for older people delivered at Bridgend Resource Centre and Cwm Calon and the staff have encouraged and supported people with a learning disability and older people to engage in activities together, for example people from the Older People's service and regularly using the hydro therapy pool at Bridgend Resource centre.

#### **4. Current situation / proposal.**

- 4.1 People with a learning disability are referred to a day opportunity service by a social worker in the learning disability assessment and care management team. The social worker will have carried out an assessment and written a support plan which sets out the reasons why the person needs to attend day services and the outcomes for the person the day service is expected to deliver.
- 4.2 In response to this, the day service staff carry out an assessment of the person's skills and abilities and formulate an individual plan for the person's time in day services. This plan sets out a range of activities both in the service setting and in the community. These activities are designed to help the person achieve the goals set out by the social worker in the individual support plan.

- 4.3 Each person who goes to day service has an individual plan which they will have been involved in compiling and which is reviewed at least annually. Plans are constantly monitored and can be changed quickly if required. Families and carers are involved in this process at all stages.
- 4.4 The production of the individualised plans and the delivery of the service are focussed on supporting people to learn and develop skills in a way which is specifically tailored to their needs and aspirations. Many of the staff have achieved National Vocational qualifications which has enabled staff to write and support plans more effectively.
- 4.5 The progress and achievements of each person are recorded on their individual file and copies of certificates, awards and training are collated. Day service also has its own award ceremony for achievements within the service.
- 4.6 Day services provide a range of activities both in the service setting and in the community. Examples of these are:-

In service –

- Hydrotherapy
- Sensory Stimulation
- Arm Chair Aerobics
- PC Sessions (safe use of internet/educational & cognitive programmes).

In the community –

- Cinema Club
- Swimming
- Model Boat Club
- Shopping projects

People who use the service typically start and end the day at their service base which is open between 9.00am and 4.00pm Monday to Friday.

- 4.7 People who attend day services are financially means tested and their individual circumstances taken into account. This has to be done as part of the Welsh Government legislation about “Charging in Care”. The maximum cost an individual would pay is £60 per week. However, some people are exempt from this charge. There are budgets allocated in the service to support community activities and people use their own money to make purchases of their choice.
- 4.8 The service at Bridgend Resource Centre is designed for people with complex needs and/or challenging behaviour. The facilities provide for sensory and therapeutic activities and include rebound and physiotherapy, hydrotherapy, sensory stimulation and calming therapy. Many of the people who use this service are provided with personal care. Incidents of challenging behaviour are recorded and it can be seen how this environment has helped to reduce the level of challenging behaviour for many people.
- 4.9 Localised services are designed to provide a platform from which people can engage in community activities and develop their independence skills.

- 4.10 The specialised service at Heron House is specifically designed for people with Autistic Spectrum Disorder and Complex Needs. Although there are people with Autistic Spectrum Disorder throughout the service who have a lower level of needs.
- 4.11 Day services for people with a learning disability also provide an invaluable service to the families and carers. The day service provides much needed respite for families as well as enabling them to continue with their own activities or employment. Families are also welcome to be involved in social events organised by the service.
- 4.12 The day service would not be able to provide the range of activities and therapies it does without the support of the Health Team based in the first floor office at Bridgend Resource Centre alongside the assessment and care management team.
- 4.13 The Health Team is made up of learning disability nurses, speech and language occupational and physiotherapists, psychologists and a consultant psychiatrist. The team works closely with day service staff to ensure individuals that their health care needs are recognised and responded to.
- 4.14 As part of the Learning Disability Service Development plan for day services there are two key workstreams:-
- 1 In relation to Bridgend Resource Centre, the Council is undertaking an options appraisal to identify an operating model which will enable the service and the use of the facilities to be further developed and maximised. There is a series of four workshops organised for staff to be part of developing the options and a report is due in December 2016.
  - 2 The plan for localised services has two key workstreams: One is to develop the service into community hubs where members of the public will be able to get information, advice, support and signposting to support networks in the community. This work is part of the development of prevention and wellbeing services in line with the implementation of the Social Services and Wellbeing (Wales) Act 2014. A community hub model is being developed at Cwm Calon and will be rolled out to the other localised services, beginning in January 2017. The second stand is to further focus the day service on the development of individual's skills and activities in the community. In this way the localised services will become hubs for the generation, development and maintenance of networks of support in localised communities.

Following a review (Alder review which was reported to Health and Wellbeing Scrutiny Committee on 10 September 2014) of how day opportunities operate the service is focussing much more on supporting people to progress to activities in the community. This is in line with the prevention and wellbeing developments which have been strengthened by the Social Services and Wellbeing (Wales) Act 2014.

- 4.15 By developing the community hubs and supporting people to be more independent, the service is contributing to the wider prevention and wellbeing work which is:
- Preventing crisis through early intervention;
  - Changing the balance of care by using more informal supports;
  - Using community resources;

- Bringing in extra resources to support families and communities;

4.16 In this way the service is supporting people to be more self-reliant and progress to support networks in their communities and to be less reliant on statutory services. This is an approach which recognises people's strengths and supports them to achieve their personal goals.

4.17 There is a strong link between the learning disability service development plan the development of prevention and wellbeing services reported to the Committee in November 2015. The developments in learning disability services and the focus on supporting people to progress to greater independence has meant that a number of people engaged in community activities which they have played a key part in establishing. This means that people are able to move on from day opportunities or in the case of young people in transition, engage in community activities after leaving school. There is also a strong emphasis on enabling people to achieve their aspirations without the support of day opportunity services.

4.18 In December 2015, the Care and Social Services Inspectorate (CSSIW) undertook a full review of learning disability services in Bridgend. The report was very positive and recognised that the Council has further developed the Prevention and Wellbeing agenda which is a key part of the Social Services and Wellbeing (Wales) Act 2014. This has been demonstrated by the development of community services and the number of people who are able to get the help and support they need from groups and networks rather than statutory social care services. There is also an action plan in place in response to the report's recommendations.

4.19 The CSSIW report confirmed that the council's learning disability and prevention and wellbeing services are developing effectively and enabling people to remain independent and supported for longer without the need for statutory services.

4.20 Examples of some of the activities and feedback from families are attached in the appendices:

<b>Appendix 1</b>	Thanks for the coffee morning
<b>Appendix 2</b>	Nomination for achiever of the year
<b>Appendix 3</b>	Thank you for the fundraising
<b>Appendix 4</b>	Pyle Life Centre and Community News

## **5. Effect upon Policy Framework and Procedure Rules.**

5.1 There is no impact on the Policy Framework and Procedure Rules.

## **6. Equality Impact Assessments.**

6.1 Equality Impact Assessments will be carried out on specific aspects of the Learning Disability Service Development plan as and when required.

## **7. Financial Implications**

7.1 The total budget for day services in 2016/2017 is £3,340,000. There are 105 full time equivalent staff and 160 people go to Bridgend Resource Centre and Heron House and 165 people go to the localised service.

7.2 Since 2013/14, day services have contributed £630,000 to the Medium Term Financial Strategy and further budget reductions are planned in 2017/18 of £120,000.

## **8 Recommendation.**

8.1 It is recommended that the Committee notes the report and the progress in this area of the service.

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## **10. Background Documents**

None